**Inclusion of Other in the Self (IOS) Scale**

*This survey accompanies a measure in the SPARQTools.org* [*Measuring Mobility toolkit*](http://sparqtools.org/mobility-measure/inclusion-of-other-in-the-self-ios-scale/)*, which provides practitioners curated instruments for assessing mobility from poverty and tools for selecting the most appropriate measures for their programs.To get a copy of this document in your preferred format, go to "File" and then "Download as" in the toolbar menu.*

**Age:** Child, Teen, Adult

**Duration:** < 3 minutes

**Reading Level:** 9th to 12th grade

**Number of items:** 1

**Answer Format:** Circle a diagram

**Scoring:** Respondents choose a pair of circles from seven with different degrees of overlap. 1 = no overlap; 2 = little overlap; 3 = some overlap; 4 = equal overlap; 5 = strong overlap; 6 = very strong overlap; 7 = most overlap. The number chosen is the respondent’s score.

**Sources:**

Aron, A., Aron, E. N., & Smollan, D. (1992). Inclusion of other in the self scale and the structure of interpersonal closeness. *Journal of Personality and Social Psychology, 63*(4), 596-612.

**Instructions:** Please circle the picture below that best describes your relationship.

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